



Evelyn Eisenbarth has been volunteering at JMHCC for 38 years.

Volunteers give from the heart

Evelyn Eisenbarth’s fingers dance across the ebony piano keys as she leads the singers through “What a Friend We Have in Jesus” during a Thursday afternoon sing-along in the activity room at Jacobson Memorial Hospital Care Center (JMHCC).

“Is that too fast?” she playfully asks the singers, as one pretends to gasp for breath following another song.

Evelyn has been an active volunteer at the hospital for 38 years, sharing her musical talents or offering to help wherever needed.

Evelyn is one of many who volunteer at JMHCC in a variety of ways. Volunteers help with everything from serving on the board of directors to helping with fundraisers to entertaining patients. Evelyn began volunteer-

ing at the care center in August 1977 when her mother became a long-term care resident at JMHCC. She continues to volunteer today to simply bring a smile to others.

“If I was living up there, I would appreciate somebody coming in and doing something like that,” she says. “I know most of the people and I call

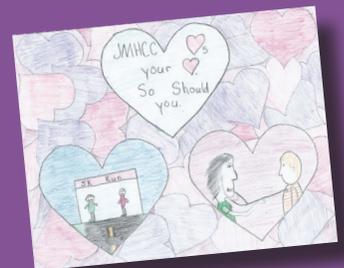
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JMHCC Lifelines • Spring 2015

JMHCC
601 East St. North
PO Box 367
Elgin, ND 58533
701-584-2792
www.jacobsonhospital.org

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them by name.”

Watching the second-graders read to the residents as she waits for the Thursday afternoon sing-along to begin, Evelyn praises the youngsters for their volunteerism.

“That’s wonderful, I think. It’s a good experience for the kids, too. They learn to be with older people, not just grandma and grandpa,” she says.

“We appreciate everyone who volunteers or visits with patients and residents. Their contributions are priceless,” says JMHCC CEO Theo Stoller.

Over the years, Evelyn has spent countless hours volunteering her time. She can be seen at JMHCC several times a month, volunteering for everything from leading the singing to helping with hair care, or simply visiting with residents.

“Whatever I see I can help with, I do,” she says.

She plays the piano for Thursday afternoon sing-alongs, and accompanies the Germans from Russia chapter when they sing.

Unable to read musical notes, Evelyn plays the piano by ear, only using the ebony keys and the C chord on the white keys.

“I learned to play on those two chords because it fits my voice,” she explains.

While still young, she played for school dances and sang duets with her sister, the late Barbara Babell.

The music comes from her soul, she says.

“It’s a gift from God,” Evelyn says. “I thank God for the gift, with appreciation. Why should I keep it to myself? That wasn’t God’s intention or he wouldn’t have given it to me.”

She discovered her musical gift as a child – she remembers balancing on the edge of the organ stool so she could reach the pedals.

Evelyn, who now lives in Elgin, credits Marjorie Zeller, who was her music teacher and another volunteer at JMHCC, for keeping her involved. Marjorie volunteered at JMHCC until she was 100 years old, a lofty goal for 81-year-old Evelyn.

Evelyn always tries to share a smile



After learning to play piano by ear, Evelyn Eisenbarth shares her musical talents by leading the sing-alongs on Thursday afternoons in the JMHCC activity center.

or a joke with the patients and residents whenever she volunteers.

“I goof off, anything to make them laugh. Laughter’s the best medicine and if you can do something goofy that they have to laugh at you, fine,” she says. “I put my personality into it and they like that.” ■

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Welcome!

Welcome to Lifelines, a newsletter which is published quarterly by the Jacobson Memorial Hospital Care Center and the Jacobson Memorial Hospital Foundation, serving Grant County and the surrounding area.

The mission of Jacobson Memorial Hospital Care Center:

To advance the health of patients and communities with respect, integrity, quality, commitment and accountability to accomplish peace of mind close to home.

The mission of the Jacobson Memorial Hospital Foundation:

Jacobson Memorial Hospital Foundation, in support of Jacobson Memorial Hospital Care Center, is to engage and foster health care philanthropy, and provide funds, support and programs to enhance continuous health care excellence for our region.

JMHCC Auxiliary supports hospital, clinics

The JMHCC Auxiliary is a volunteer organization which supports the hospital and clinics with fundraising efforts. Eleven members, led by President Diane Friesz, currently serve on the Auxiliary.

The Auxiliary hosts two craft fairs each year and meets a minimum of six times a year.

“To become a member of the JMHCC Auxiliary, it’s just a matter of contacting one of the officers or members and telling them you want to be a member,” Diane said.

Members pay \$5 yearly dues, which also help purchase items for JMHCC.

Anyone, any age, is welcome to become a member, Diane added.

“I would love to see younger people involved. The hospital’s going to be their future, too,” she said.

Auxiliary members only need to be interested in supporting JMHCC and donating some of their time and talents, she said.

The Auxiliary then uses its funds to purchase items for various JMHCC departments. Recent purchases



JMHCC Auxiliary members gathered for a photo during the March JMHCC Auxiliary craft fair in Elgin. Members include, left to right, Linda Koepplin, Carol Winkler, Diane Friesz, Lynn Goyne, Becky Imhoff, Judy Trauger and Cathy Eslinger. Not pictured are Viola Sprenger, Marie Klein, Linda White and Michelle Brabazon.

have included finger pulse oximeters, wheelchairs and items for the kitchen.

“The thanks I get from doing it is when I see a piece of equipment purchased that I know helps one of our resident’s or one of our patient’s life be easier,” Diane said.

The Auxiliary also oversees the gift cabinet located in the lobby of JMHCC, keeping it stocked and using

proceeds from gift sales to purchase items for JMHCC.

The Auxiliary organized in 1973, with 37 charter members. Three current members have served for more than 30 years, including Cathy Eslinger, Viola Sprenger and Marie Klein.

To learn more about the Auxiliary, or to join, contact Diane at JMHCC at dfries@jmhcc.org or 584-7269. ■

Share your talents with others by volunteering

Consider sharing your talents by volunteering at Jacobson Memorial Hospital Care Center.

Play cards, read a story or share your other talents with residents.

The Germans from Russia chapter sings the second Tuesday of each month, and anyone can join the sing-along each Thursday afternoon. Volunteers also help with hair care or share in church services Wednesday afternoons

or Sunday mornings.

Volunteers are also welcome to attend the socials the first Tuesday of each month, when visiting and a snack are shared.

Emil Vetter is another dedicated volunteer, helping with bingo at 10 a.m. each Friday in the JMHCC activity room.

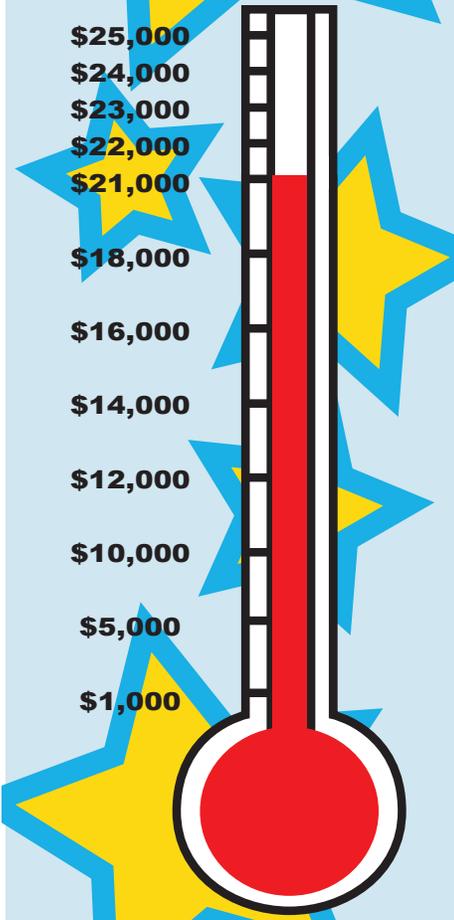
“Come visit with us,” Activities Director Linda Koepplin says. “We’re a fun group!”

To learn more about scheduled

events, find the activity calendar, which is posted each month at www.jacobsonhospital.org under the “Patients/Visitors” section.

For more information about volunteering, call 584-7273 or email lkoepplin@jacobsonhospital.org. ■

JMHCC Adopt a Room Project Goal: \$26,000



Only 5 rooms left to adopt!

We've almost reached our goal! The Jacobson Memorial Hospital Foundation (JMHF) has received \$21,000 for the Adopt a Room project, with five rooms remaining to be adopted.

The JMHF launched the Adopt a Room project to update rooms in the facility. Through this project, community supporters may give a \$1,000 tax-deductible donation to "adopt a room." The adopted room will receive fresh paint and any other necessary refurbishing and the contribution will

be acknowledged in that room.

Only five of the 26 available rooms remain to be "adopted" through this project, so anyone interested in participating is encouraged to "adopt" a room soon.

Donations may be made to the Jacobson Memorial Hospital Foundation, and sent to: Adopt a Room Project, JMHCC, PO Box 367, Elgin, ND 58533.

If you have questions, please contact CEO Theo Stoller at tastoller@primecare.org or 584-2792. ■

Giving Hearts Day a success

The Jacobson Memorial Hospital Foundation raised just over \$12,000 during the foundation's first year of participation in Giving Hearts Day. Donations on Feb. 12 totaled more than \$8,000, with the Elgin Lions Club generously pledging a \$4,000 match.

"We want to thank everyone who donated during this event," says JMHCC CEO Theo Stoller. "The support displayed was truly heartwarming."

The JMHF is a nonprofit organization formed in 2006 to raise funds to help financially support JMHCC.

Robert Larson, Elgin, has recently joined the JMHF board.

The JMHF board also includes Aaron Levorsen, JMHF president, Elgin, president of the First International Bank and Trust of Elgin; Jeff Hillius, secretary/treasurer, Elgin, district manager for Montana-Dakota Utilities; Rep. James Schmidt, Mandan, who represents District 31 in the N.D. House of Representatives; and Clair Hauge, Carson, a fourth-generation farmer and rancher who represents JMHCC on the foundation board. ■

Yes!

I want to donate to the Jacobson Memorial Hospital Foundation to help continue the important work of the Jacobson Memorial Hospital Care Center.

I wish to make a cash contribution of \$ _____

Name: _____ Phone: _____

Address: _____ City: _____ State: _____ ZIP: _____

_____ Please contact me to visit about other ways I can donate.

_____ Please send me information about the Gifts of Grain _____ or Gifts of Livestock _____

Please send completed form with check to: JMHF, PO Box 367, Elgin, ND 58533. Thank you!



Picnic in the park

FUNDRAISER EVENT

**TO SUPPORT JACOBSON MEMORIAL HOSPITAL FOUNDATION
5-7 P.M. JULY 10, 2015 • ELGIN CITY PARK**

HAMBURGERS, SIDE DISHES AND DESSERT!

\$10/adults • \$5/10 and under

Raffle drawing at 6:30 p.m.

Raffle tickets available at JMHCC business office

EVERYONE IS INVITED TO THIS FAMILY EVENT!



Elgin Lions Club assisting with the meal



In case of inclement weather, event will be held at the Elgin Community Center.

JMHCC NEWS BRIEFS

Patient portal open

As of May 1, JMHCC hospital and clinic patients may access their medical records through a secure online patient portal.

Medical records and lab results can be accessed by logging onto www.jacobsonhospital.org and clicking on the "Patient Portal" button on the homepage. ■

Dr. Goyal has e-consult privileges with Mayo

Dr. Deepak Goyal now has privileges to e-consult with Mayo Clinic medical specialists for local hospital and clinic patients, Jacobson Memorial Hospital Care Center announces. Dr. Goyal is chief of medical staff at JMHCC in Elgin and its affiliated clinics in Elgin and Glen Ullin.

Through JMHCC's affiliation with CHI St. Alexius Health, Dr. Goyal has access to Mayo Clinic's resources.

"Having official e-consulting privileges with the Mayo Clinic's wide range of specialists will benefit all our patients locally. It's another way we can offer the best possible medical care, right here at home," says JMHCC CEO Theo Stoller. ■

Online bill pay offered

To offer another convenient method of payment for its patients, Jacobson Memorial Hospital Care Center accepts debit or credit card payments online.

JMHCC has established a secure payment form on its website at www.jacobsonhospital.org which customers can access 24/7. On the home page of the website, click on the link, "Pay Online," complete the form and

submit the payment online.

Visa, MasterCard, Discover and American Express cards are accepted. For further convenience, statements will still be mailed to patients. Enter an email address on the online form, and a receipt will also be emailed.

For more information or to request information about JMHCC's charity care program, please contact the billing office at JMHCC at 584-2792. ■

Extended patient hours

**Elgin
Community
Clinic**
(584-3338)

8:15 a.m.-4:45 p.m. MT

**Glen Ullin
Family
Medical Clinic**
(348-9175)

8 a.m.-4:30 p.m. CT

Remember:

- Please arrive at least 10 minutes before your appointment.
- Bring all your current medications.
- Bring your insurance and co-pay cards.



YOU'VE CHECKED THE OIL.
Have you checked your cholesterol?

YOU'VE PLANNED EVERY ACRE.
Have you planned for your safety?

JMHCC wants you to have a safe planting season.

"Because We Care"

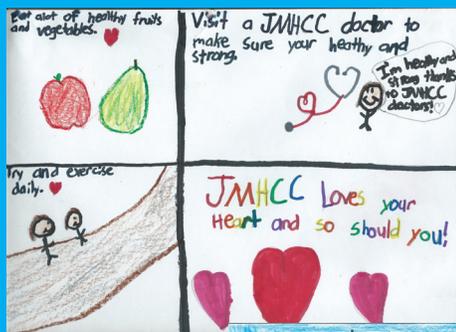
JMHCC shares these safety tips:

- Rest, eat right and don't rush.
- Take that extra moment to check equipment.
- Turn off the engine and wait for moving parts to stop before working on any machinery.
 - Do not enter grain bins being loaded or unloaded – ever. If you enter a bin, use a safety harness and safety line. North Dakota has lost too many farmers to grain bin accidents.
 - Keep children away from machinery.
 - Look UP! Power lines may be overhead! Make sure you, your family and employees know the location of all overhead power lines and map routes to avoid them.
 - Always lower portable elevators or augers when transporting them.
 - New equipment may come closer to power lines. Pay attention to shifting soil conditions or other factors that may have changed your clearance levels. ■

POSTER CONTEST WINNERS

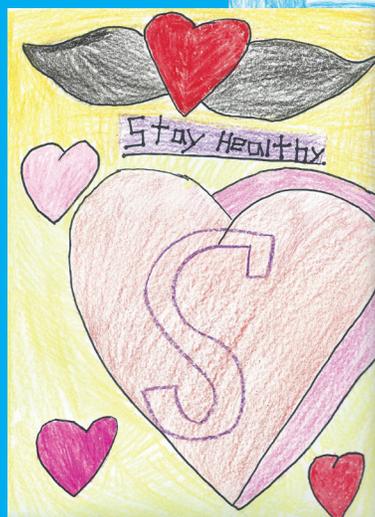
Jacobson Memorial Hospital Care Center sponsored a poster contest at area schools, with students in grades 3-8 encouraged to create a poster observing American Heart Month with the theme, "JMHC Loves Your Heart. So Should You." Winners were selected in each category, and we share the winning posters of our talented students here! ■

GRADES 3-4



First place
Jayden Miller

Second place
Hunter Oien



Third place
Saydee Ponciroli

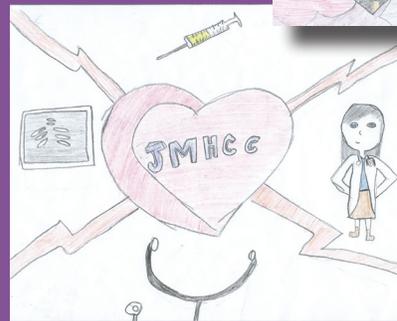
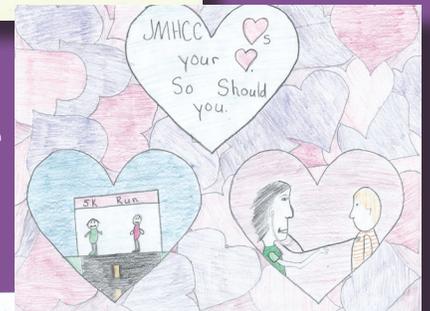
GRADES 5-6

JMHC LOVES YOUR HEART.
SO SHOULD YOU.

First place
Halle Rivinius



Second place
Avery Roth

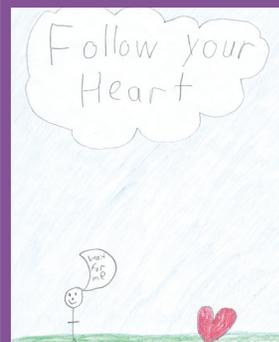


Third place
Christy Finck

GRADES 7-8

Follow your Heart

First place
Dixie Sauter





**JOIN US AT A
HEALTH FAIR
Wednesday, May 6
1-4 p.m. MT
JMHCC lower level**

- FREE vital screenings so you “know your numbers” (Blood pressure, pulse, temperature, oxygen level, glucose)
- Informational displays
- Refreshments

DISCOUNTS ON CERTAIN LAB TESTS MAY 4-8.

Call Elgin Community Clinic at 584-3338 for an appointment and for details.

All discounted tests must be prepaid.

Elgin Community Clinic hours 8:15 a.m. through 4:45 p.m. MT



Discounted lab tests May 4-8

Discounted prices on the following lab tests will be available from 8:15 a.m. to 4:45 p.m. MT Monday-Friday, May 4-8, at the Elgin Community Clinic, by appointment. All tests must be prepaid. Call for an appointment at 584-3338.

Chem 14 – \$30 (Must fast beforehand.)

Used to check organ function and monitor certain health conditions. A Chem 14 measures blood levels of sodium, potassium, chloride, bicarbonate and glucose. It also evaluates kidney and liver function. This is considered a baseline test to monitor overall health.

Lipid – \$34 (Must fast beforehand.)

Measures the amount of cholesterol and triglycerides in your blood to monitor heart health.

CBC – \$22 (Must fast beforehand.)

A complete blood count (CBC) checks hemoglobin, and white and red blood cells. Used to detect anemia or

infections.

TSH (\$47) and Free T4 (\$18)

Evaluates thyroid function.

PSA – \$40

Tests for prostate cancer.

Glycated hemoglobin – \$28

Used to detect diabetes, this measures glucose levels.

Urine microalbumin and creatinine – \$26

Monitors kidney health and detects early signs of kidney damage.

On Wednesday, May 6, JMHCC and the Elgin Community Clinic will host a health fair from 1-4 p.m. MT in the lower level of JMHCC. A free screening of blood pressure, pulse, temperature, oxygen level and glucose will be available on this day only. Informational displays will be available and refreshments will be served. ■